



# FALL 2025



**Registration opens at [BYPandFriends.com](https://bypandfriends.com) August 11, 2025 @ 9 AM**

**Class sizes are limited, see website for class descriptions.**

**Registration closes August 22, 2025 or when at capacity.**

**The Backyard  
215 N. Long Beach Road  
Rockville Centre, NY 11570**

**RVC Recreation Center  
111 N. Oceanside Road  
Rockville Centre, NY 11570**

## PRICING

**Healthy Eats & BYP Test Kitchen: \$400**

**Hip Hop & Pound: \$280**

**Wednesday Classes: \$315**

**All other classes: \$350**

## MONDAY

**in The Backyard**

**\*\*Healthy Eats is subject to a lottery. \*\***

**Healthy Eats 5:00 - 6:00**

**Music 6:00 - 7:00**

**Theater 7:00 - 8:00**

**September: 8, 15, 29, October: 6, 20, 27**

**November: 3, 10, 17, 24**

## TUESDAY

**in The Backyard**

**\*\*BYP Test Kitchen is subject to a lottery.  
This class is designed for students who can work  
independently and practice kitchen and food  
safety skills. \*\***

**BYP Test Kitchen 6:00 - 7:00 or 7:00 - 8:00**

**Art Materials 6:00 - 7:00**

**Artist Spotlight 7:00 - 8:00**

**September: 9, 16, 30, October: 7, 14, 21, 28**

**November: 4, 18, 25**

## WEDNESDAY

**Cricut Crafting in The Backyard**

**Yoga & Zumba at the RVC  
Recreation Center**

**Cricut Crafting 4:30 - 5:30**

**Zumba 6:00 - 7:00**

**Yoga 7:00 - 8:00**

**\*\*9 Dates Only \*\***

**September: 10, 17, October: 8, 15, 22, 29**

**November: 5, 12, 19**

## THURSDAY

**in The Backyard**

**Smartphone Photography 5:00 - 6:00**

**Movie Bites 6:00 - 7:00**

**September: 11, 18, 25, October: 9, 16, 23, 30**

**November: 6, 13, 20**

## FRIDAY

**at the RVC Recreation  
Center**

**Hip Hop & Dance 6:00 - 7:00**

**Pound Fitness 7:00 - 8:00**

**September: 12, 19, 26, October: 3, 17, 24**

**November 7, 14**

**BYPANDFRIENDS.COM | @BYPANDFRIENDS | 516-351-6299**