



# SPRING 2024



**Registration opens at [BYPandFriends.com](http://BYPandFriends.com) February 9, 2024 @ 9 AM**  
**Class sizes are limited, see website for class descriptions.**  
**Registration closes February 23, 2024 or when at capacity.**

**The Backyard**  
215 N. Long Beach Road  
Rockville Centre, NY 11570

**RVC Recreation Center**  
111 N. Oceanside Road  
Rockville Centre, NY 11570



**Healthy Eats 101, BYP Test Kitchen & Theater: \$300**  
**Hip Hop & Pound: \$180**  
**All other classes: \$250**

## MONDAY

**in The Backyard**

**Healthy Eats 101 5:00 - 6:00**

**Music 6:00 - 7:00**

**Theater 7:00 - 8:00**

**March: 11, 18, 25, April: 1, 8, 15**

**May: 6, 13, 20, June: 3**

**\*\*Additional Theater Rehearsals TBA\*\***

## TUESDAY

**in The Backyard**

**\*\*BYP Test Kitchen is subject to a lottery.**  
**Due to space constraints, support staff are not permitted in the Test Kitchen. This class is designed for students who can work independently and practice kitchen and food safety skills. \*\***

**BYP Test Kitchen 6:00 - 7:00 or 7:00 - 8:00**

**Art Materials 6:00 - 7:00**

**Artist Spotlight 7:00 - 8:00**

**March: 5, 12, 19, 26, April: 2, 9, 16**

**May: 7, 14, 21**

## WEDNESDAY

**at the RVC Recreation Center**

**Zumba 6:00 - 7:00**

**Yoga 7:00 - 8:00**

**March: 6, 13, 20, 27, April: 3, 10, 17**

**May: 1, 8, 15**

## THURSDAY

**in The Backyard**

**Photography 5:00 - 6:00**

**Movie Bites 6:00 - 7:00**

**March: 7, 14, 21, April: 4, 11, 18**

**May: 2, 9, 16, 23**

## FRIDAY

**at the RVC Recreation Center**

**Hip Hop & Dance 6:00 - 7:00**

**Pound Fitness 7:00 - 8:00**

**March: 1, 15, April: 5, 12**

**May: 3, 10**