



Join us at BYPandFriends.com—registration begins May 19, 2025, at 9 AM.

Class sizes are limited, so don't wait!

Visit our website for full class descriptions.

Registration closes June 2, 2025, or once classes are full.

The Backyard
215 N. Long Beach Road
Rockville Centre, NY 11570

RVC Recreation Center
111 N. Oceanside Road
Rockville Centre, NY 11570

Pricing: \$240 per class

MONDAY

Hip Hop 6:00 - 7:00 PM
Dance Fitness 7:00 - 8:00 PM

at The RVC Rec. Center

June - 23, 30
July - 7, 14, 21, 28

TUESDAY

Game Time 6:00 - 7:00 PM
Music 7:00 - 8:00 PM

in The Backyard

June - 24
July - 1, 8, 15, 22, 29

WEDNESDAY

Zumba 6:00 - 7:00 PM
Yoga 7:00 - 8:00 PM

at The RVC Rec. Center

June - 25
July - 2, 9, 16, 23, 30