



# FALL 2022



Registration opens at [BYPandFriends.com](http://BYPandFriends.com) August 17, 2022 @ 9 AM

Class sizes are limited, see website for class descriptions.

Registration closes September 5, 2022 or when at capacity.

The Backyard  
215 N. Long Beach Road  
Rockville Centre, NY 11570

RVC Recreation Center  
111 N. Oceanside Road  
Rockville Centre, NY 11570

**Registration (12 classes): \$240**

**Hip Hop Dance & Pound Fitness (6 classes): \$150**

## MONDAY

in The Backyard

Music 6:00 - 7:00

Theater 7:00 - 8:00

September: 12, 19, October: 3, 17, 24, 31  
November: 7, 14, 21, 28, December: 5, 12

## TUESDAY

in The Backyard

Art Materials- 6:00 - 7:00

Artist Spotlight - 7:00 - 8:00

September: 13, 20, October: 4, 11, 18, 25  
November: 1, 8, 15, 22, December: 6, 13

## WEDNESDAY

at the RVC Recreation Center

Yoga 6:30 - 7:30

Zumba 7:30-8:30

September: 14, 21, 28, October: 12, 19, 26  
November: 2, 9, 16, 30, December: 7, 14

## THURSDAY

in The Backyard

Photography 5:00 - 6:00

Movie Bites 6:00 - 7:00

Creative Writing 7:00 - 8:00

September: 15, 22, 29, October: 6, 13, 20, 27  
November: 3, 10, 17, December: 1, 8

## FRIDAY

at the RVC Recreation Center

Hip Hop Dance 6:30 - 7:30

Pound Fitness 7:30 - 8:30

September: 16, 30, October: 14, 28  
November: 4, 18