



WINTER 2022



Registration opens at BYPandFriends.com December 1, 2021 @ 9 AM

Class sizes are limited, see website for class descriptions.

Registration closes December 17, 2021.

Registration Fee:
\$200 per class

The Backyard
215 N. Long Beach Road
Rockville Centre, NY 11570

RVC Recreation Center
111 N. Oceanside Road
Rockville Centre, NY 11570

MONDAY

in The Backyard

Both Theater classes are the same, please register for only one section.

Restorative Yoga 4:00 - 5:00

Theater 5:00 - 6:00

Music Bites 6:00 - 7:00

Theater 7:00 - 8:00

January: 3, 10, 24, 31, February: 7, 14, 28

March: 7, 14, 21

TUESDAY

in The Backyard

Both Lines, Shape & Color classes are the same, please register for only one section.

Art - Line, Shape & Color 5:00 - 6:00

Art - Artist Spotlight 6:00 - 7:00

Art - Line, Shape & Color 7:00 - 8:00

January: 4, 11, 18, 25, February 1, 8, 15

March: 1, 8, 15

WEDNESDAY

Fitness Class in
The Backyard

Yoga & Hip Hop Classes at the
RVC Recreation Center

Fitness 4:00 - 5:00

Yoga 6:30 - 7:30

Hip Hop 7:30-8:30

January: 5, 12, 19, 26, February: 2, 9, 16

March: 2, 9, 16

THURSDAY

in The Backyard

Photography 5:00 - 6:00

Movie Bites 6:00 - 7:00

Creative Writing 7:00 - 8:00

January: 6, 13, 20, 27, February: 3, 10, 17

March: 3, 10, 17

FRIDAY

at the RVC Recreation
Center

Zumba 6:30 - 7:30

Pound Fitness 7:30 - 8:30

January: 28, February 4, 11, 18

March 4, 11