



# FALL 2023



Registration opens at [BYPandFriends.com](http://BYPandFriends.com) August 21, 2023 @ 9 AM

Class sizes are limited, see website for class descriptions.

Registration closes September 1, 2023 or when at capacity.

The Backyard  
215 N. Long Beach Road  
Rockville Centre, NY 11570

RVC Recreation Center  
111 N. Oceanside Road  
Rockville Centre, NY 11570



**BYP Test Kitchen: \$300**  
**Hip Hop & Pound: \$180**  
**All other classes: \$250**

## MONDAY

in The Backyard

**Creative Writing 5:00 - 6:00**

**Music 6:00 - 7:00**

**Theater 7:00 - 8:00**

September: 11, 18, October: 2, 16, 23, 30

November: 6, 13, 20, 27

## TUESDAY

in The Backyard

Due to popularity, BYP Test Kitchen will be subject to a lottery if demand exceeds capacity.

**BYP Test Kitchen 6:00 - 7:00 or 7:00 - 8:00**

**Art Materials 6:00 - 7:00**

**Artist Spotlight 7:00 - 8:00**

September: 12, 19, 26, October: 3, 10, 17, 24, 31

November: 14, 28

## WEDNESDAY

at the RVC Recreation Center

**Yoga 6:00 - 7:00**

**Zumba 7:00 - 8:00**

September: 13, 20, 27, October: 4, 11, 18, 25

November: 1, 8, 15

## THURSDAY

in The Backyard

**Photography 5:00 - 6:00**

**Movie Bites 6:00 - 7:00**

September: 14, 21, 28, October: 5, 12, 19, 26

November: 2, 9, 30

## FRIDAY

at the RVC Recreation Center

**Hip Hop & Dance 6:00 - 7:00**

**Pound Fitness 7:00 - 8:00**

September: 15, 22, October: 13, 20

November 3, 17