



SPRING 2022



Registration opens at BYPandFriends.com March 1, 2022 @ 9 AM

Class sizes are limited, see website for class descriptions.

Registration closes March 14, 2022.

Registration Fee: \$200 per class	The Backyard 215 N. Long Beach Road Rockville Centre, NY 11570	RVC Recreation Center 111 N. Oceanside Road Rockville Centre, NY 11570
Theater Production: \$300 per class		

MONDAY

in The Backyard

Note: Additional theater rehearsals & show date TBA.

Restorative Yoga 5:00 - 6:00

Music Bites 6:00 - 7:00

Theater Production 7:00 - 8:00

March: 28, April: 4, 11, 25

May: 2, 9, 16, 23, June: 6, 13

TUESDAY

in The Backyard

Art - Materials 6:00 - 7:00

Art - Artist Spotlight 7:00 - 8:00

March: 22, 29, April: 5, 12, 26

May: 3, 10, 17, 24, 31

WEDNESDAY

Fitness Class in The Backyard

Fitness 4:00 - 5:00

Yoga 6:30 - 7:30

Hip Hop 7:30-8:30

Yoga & Hip Hop Classes at the RVC Recreation Center

March: 23, 30, April: 6, 13, 27

May: 4, 11, 18, 25, June: 1

THURSDAY

in The Backyard

Photography 5:00 - 6:00

Movie Bites 6:00 - 7:00

Creative Writing 7:00 - 8:00

March: 24, 31, April: 7, 28

May: 5, 12, 19, 26, June: 9, 16

FRIDAY

at the RVC Recreation Center

Zumba 6:30 - 7:30

Pound Fitness 7:30 - 8:30

March: 25, April: 1, 8, 29

May: 6, June 17